



From Bleaching to Direct Veneers: A Complete Guide to Achieving the Perfect White Smile

A comprehensive hands-on training from smile design to clinical application

Total duration	Theory	Hands-on	Participants
18 hours	6 hours	12 hours	Dentists

Organiser	Advanced Group
Sponsor	Saremco /Ultradent
Fee	
Contact	

Why Should I Attend This Course?

This course offers hands-on, evidence-based training in two of the most in-demand esthetic procedures in modern dentistry: tooth bleaching and bleach-shade veneer restorations. Participants will gain the clinical confidence to select the right bleaching protocol for every patient, avoid common complications like sensitivity and relapse, and achieve predictable, natural-looking results with bleach-shade veneers from case selection to final polish. Backed by current scientific evidence and real clinical cases, the course bridges the gap between theory and chairside practice — equipping attendees with practical techniques they can apply immediately in their own clinics.

Every clinician should perform their first multi composite veneer case under the supervision of an experienced instructor before attempting it independently.

This is not a preference — it is a professional responsibility. A multi-veneer case is a procedure where a single error in colour or form is replicated across teeth, with consequences that are difficult to reverse. A supervised first case teaches you where you will make mistakes, where to slow down, and how to adapt the protocol. Learn that here — not in the chair with a real patient.

Watching is not doing.

The vast majority of this course is dedicated to hands-on practice. Theory only sets the stage — you step onto the stage at the phantom model. Silicone guide fabrication, palatal wall, dentine mamelon build-up, enamel layer, incisal halo, finishing and polishing — every step is applied on the same day it is taught.

Practice without feedback is not enough.

Repeating a wrong habit only reinforces it. Throughout this course, each participant's work is closely monitored. You will learn what you are doing correctly, where a correction is needed, and why you are getting that result — one-to-one, in real time.

Not every technique — the right technique for you.

There are dozens of approaches to colour layering. This course does not run through every method in sequence; instead, the most comprehensible, most applicable, and most clinically reproducible methods for participants at different skill levels are selected and taught. A protocol that can be adapted to the case — not a series of steps to memorise.

By the end of two days, you will have something concrete: the competence to plan and complete a multi-unit veneer case from start to finish, and a method you can put into practice on the day you

return to your clinic.

This course is for dentists preparing for their first multi-veneer case — and for those who want to get it right.

Instructor

Name	Prof. Dr. Esra UZER ÇELİK
Title	International Speaker · Department Head
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i10-index	42
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Academic Background

Bachelor's	Ankara University, Faculty of Dentistry
PhD	Ege University, Dept. of Restorative Dentistry
Specialisation	Ege University, Dept. of Restorative Dentistry
Research Asst.	Ege University
Asst. Professor	Süleyman Demirel University
Asst. Professor	İzmir Katip Çelebi University
Associate Prof.	İzmir Katip Çelebi University
Professor	İzmir Katip Çelebi University

Administrative Roles

- Erasmus Coordinator
- Farabi Coordinator
- Journal Editorial Board Member
- Class Coordinator
- Education Committee Chair
- Vice Dean
- Bologna Coordination Representative
- Department Head
- Senator

- ADEK Representative
- BAP Coordination Committee Member
- Social Committee Chair

Publications & Research

International journals	60 articles
National peer-reviewed	30 articles
Book chapters	10
Projects	10 (2 TÜBİTAK, 8 University BAP)
PhD theses supervised	1
Specialisation theses	17

International Lectures — Countries

Germany · Greece · Bulgaria · Romania · Italy · Hungary · Poland · Czech Republic · Egypt · South Africa · Nigeria · Azerbaijan · India · Iraq · Saudi Arabia · Qatar · Kuwait · UAE · Lebanon · Oman

Day 1 10 hours · 3 hours theory · 6 hours hands-on

Day 1 – Program

Opening and introduction to the program

Introductions, expectations, overview of the two-day plan

Theory — 3 hours

Esthetic analysis, occlusion and smile design

Facial analysis, tooth proportions, shade selection, photography protocol, managing patient expectations

Direct composite veneers — indications and limitations

Case selection, preparation requirements, composite vs. porcelain decision-making, long-term success criteria

Material selection and layering strategy

Managing shade, opacity, and translucency; dentin-enamel layering; wax-up-based silicone index technique

Incisal halo and creating translucent zones

Principles of the incisal halo effect; managing translucent/clear zones with composites of different opacities; the mamelon-to-translucency transition; characterization techniques for a natural play of light.

Finishing, polishing, and surface texture

Instrument selection, sequencing protocol, surface characterization, perikymata, achieving a natural appearance

Planning and managing symmetry in multiple-veneer cases

Shade coordination from canine to canine, midline, occlusal control, potential issues and their management

Lunch break

Hands-on practice — 6 hours

Central incisor, Lateral incisor & Canine (3 direct veneers)

Shade taking, photography, and wax-up analysis

Using the Vita shade guide and a shade analyzer; determining the post-bleaching target shade (bleach shade); esthetic analysis exercise using case photographs

Silicone index fabrication and palatal layer application

Fabricating a silicone index from the wax-up; building the palatal and proximal walls; practice on a model

Masking discolored substrates

Applying opaquer/blocker composite on darkened (non-vital/sclerotic) typodont teeth; single-tooth case simulation; matching shade and translucency with adjacent teeth

Incisal Halo and Translucency

Using tints and translucent shades

Dentin layer application

Creating mamelons, shade transition across the cervical-middle-incisal zones; full dentin layering across all teeth

Day 1 review and Q&A

Case discussion, day summary, preparation for Day 2

Day 2– Program

Theory & Demonstration — 3 hours

Discolorations

Tooth bleaching techniques and bleach-shade targeting

In-office and at-home bleaching protocols; indications and contraindications; management of sensitivity and relapse; relating the post-bleaching target shade (bleach shade) to veneer shade selection

Diagnosis and management of hypoplasia and single-tooth discoloration

Types and differential diagnosis of enamel hypoplasia; management of non-vital (devitalized) tooth discoloration (internal/external); discoloration and loss of translucency associated with sclerotic dentin; principles of masking with opaques/blockers; single-tooth case planning

Bleaching-to-veneer transition

Waiting period after bleaching, effect on bond strength, and use of antioxidants (e.g., sodium ascorbate) before the creation of veneers.

Lunch break

Hands-on practice — 6 hours

Central incisor, Lateral incisor & Canine (3 direct veneers)

Dentin layer application

Creating mamelons, shade transition across the cervical-middle-incisal zones; full dentin layering across all teeth

Enamel layering

Applying enamel composite; creating the incisal halo, managing translucent zones, opacity effects; completing three veneers to the target bleach shade

Finishing, polishing, and surface characterization

Sequential finishing and polishing of all veneers; creating surface texture; final esthetic

evaluation

Combined case planning and potential complications

Group discussion using real case photographs (including hypoplasia and single-tooth discoloration); shade mismatch, marginal irregularities, long-term management

Overall evaluation and closing

Feedback form, certificate ceremony

Learning Outcomes

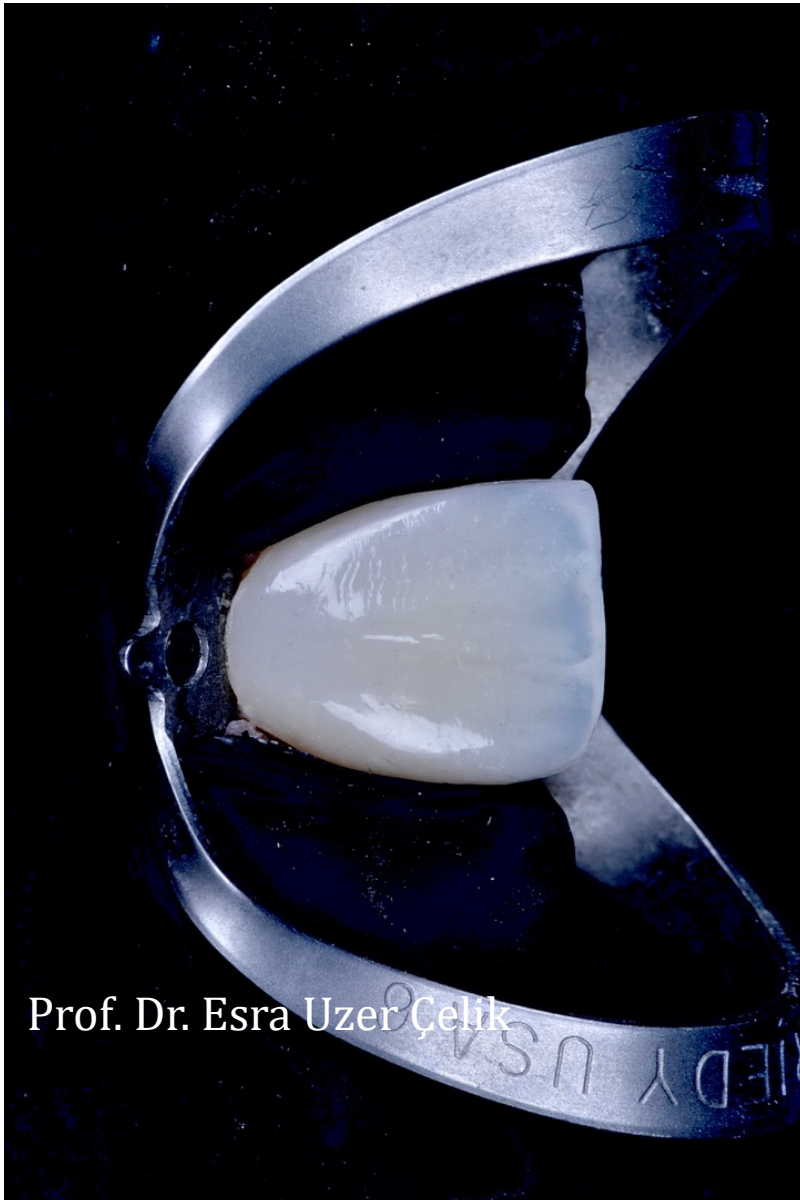
✓ Perform aesthetic analysis and case planning	✓ Fabricate and apply a silicone guide
✓ Manage shade, opacity and translucency	✓ Apply dentine-enamel layering technique
✓ Complete a coordinated three-unit veneer series	✓ Perform finishing and surface characterisation
✓ Select the appropriate bleaching protocol (in-office or at-home) for a given patient and define the target bleach shade before veneer treatment.	✓ Apply opaquer/blocker techniques to mask discolored substrates and achieve shade harmony with adjacent teeth.

Duration summary

Theory	Hands-on	Total
6 hours	12 hours	18 hours
Day 1: 3h · Day 2: 2h	Day 1: 7h · Day 2: 8h	Excluding lunch breaks

Two-Day Certificate of Participation Course

sample for the works





Prof. Dr. Esra UZER ÇELİK



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